



Arizona Physical Therapy Association

Grant Application for Promotion of Physical Education 2010

Application Deadline: APRIL 23, 2010

Background

In June of 2002, the American Physical Therapy Association (APTA) House of Delegates adopted a position on Physical Education Advocacy (HOD 06-02-31-10). The statement reads as follows:

It is the position of the APTA that the provision of regular physical education is an essential component of the education of all children. Physical education should provide students, K through 12, the opportunity for development and maintenance of physical fitness and motor skills. Therefore, the APTA, its components and members should act as advocates for physical education in the schools.

In support of this position, the Board of the Arizona Physical Therapy Association has allocated grant funding for physical education programs to be awarded to three Arizona schools according to the eligibility and criteria set forth in the following request for proposals. Middle schools have been chosen as the target student age group because of the alignment with health and fitness topics in the curriculum and the ability for these children to learn and comply with positive health behaviors. Low-income schools have been designated due to the disadvantage these student populations may have for organized physical activity and recreation both in the schools and in the community.

Goal

The purpose of this grant opportunity is to support, enhance or expand current physical education curricula to promote/encourage positive physical activity behaviors and lifetime fitness among middle school children.

Grant Eligibility

- Public or charter middle schools (6-7-8) or Jr. High schools (7-8) located in AZ.
- Student representative(s) must be involved in the development of the proposal.
- A member of the physical education faculty must be involved in the development and implementation of the proposal.
- Funded activities should be initiated no later than the 1st quarter of the 2010-2011 school year.
- All activities must include a plan for participation by students with physical disabilities.

Selection Process

The Public Relations committee will first review proposals according to established guidelines. Those that meet grant eligibility will be further reviewed by the committee according to the evaluation guidelines. The top 3 candidates from each district will be submitted to the AzPTA Board for 3rd level of review. The AzPTA Board will evaluate all recommended proposals based on the established guidelines. One proposal will be selected from each of the following three AzPTA regions: **Northern, Central/Eastern, & Southern**

All grants are made in accordance without discrimination on the basis of race, color, national origin, sex, religion, age, disability or sexual orientation.

Evaluation Guidelines

- Meet all eligibility requirements.
- Demonstrated ability to address the goal of the AzPTA Grant for Promotion of Physical Education.
- Active involvement of students in developing and implementing the proposed project or activity.
- The project or activity will bridge diversity and physical disability on campus and strive for optimal inclusiveness of all students.
- Demonstrated ability to plan and execute the project.
- Justification of how the project or activity meets the grant goals.
- Plan for a special event, activity or assembly to celebrate the award of the grant which would include presentation by a representative of the AzPTA Board.

Funding and Reporting

- Grant requests should equal \$1000.
- Grants will be awarded in full by the end of the May 2010.
- Grant recipients will participate in a presentation of the grant by a representative of the AzPTA Board and consent to a press release.
- A written report is required to be given to the AzPTA Board following implementation of the project or activity, no later than Dec. 18, 2010 .
- In addition, school representatives (one student and one faculty member) will be invited to present an oral report at the district meeting of the AzPTA in the geographical area where the school resides. This will be arranged through the AzPTA district chair.

Instructions for Narrative Proposal

Format:

- The report will be generated on a computer or word processor.
- 12 point font, double spaced.
- Not to exceed 3 pages in addition to the cover sheet (see attached).
- Each page must be clearly marked with the school's name in the upper right hand corner with the page number.
- Label each section and discuss each topic in the sequence given below.
- Submit by hard copy only to address listed below.

Elements of the proposal:

- **Project Description**
 - **School description** - Describe your school, its size, grade levels, diversity of the community and need for this project.
 - **Project goals** - Describe the goals of the project.
 - **Proposed activity** – Describe specific activities that will take place, including utilization of purchased equipment or materials supporting the PE curricula.
 - **Grant goals** - How does project/activity support grant goals?
 - **Implementation** – Describe how this project will be integrated into and enhance the school's current PE activities.
 - **Program continuation** - Describe plans to sustain the program beyond report period if applicable. If not, explain why.
 - **Awards Event**- describe plans for a special event/assembly to celebrate the grant award. Include some type of media coverage (newspaper and/or TV) as an AzPTA representative will award an oversized check to the school.

- **Project budget** (Not to exceed \$1000.00) – itemize all expenditures related to the proposal including in kind services and total expenses.
- **Implementation timeline**
 - **Evaluation** – Describe how the success of the project will be evaluated based on the stated goals.
 - **Oversight** - Identify who will be responsible for implementing and evaluating the project.

Deadline:

Applications must be postmarked April 23, 2010

Mail to: Mary Daley, PT
AzPTA Public Relations Committee
6278 N. 31st Way
Phoenix, AZ 85016

Funding Restrictions

Grant funds may NOT be used for:

Staff salaries
Fund raising projects
Reduction of debt



Arizona Physical Therapy Association

**Grant Application for Promotion of Physical Education 2010
Application Cover Sheet**

GENERAL INFORMATION

School: _____

School District: _____

Phone: _____ Fax: _____ Email: _____

Mailing Address: _____ City: _____ Zip: _____

PROJECT INFORMATION

Project Title: _____

Name of Grant Contact: _____

Phone: _____ Fax: _____ Email: _____

Project Start Date: _____ Project End Date: _____

By signing below, the authorizing official certifies that the application and support documentation is accurate and true and agrees to submit a final report to the Arizona Physical Therapy Association upon the completion of the project as outlined in the funding and reporting requirements listed in the grant guidelines.

School Principal's Name: _____ Phone: _____

Principal's Signature: _____ Date: _____